Adult Obesity KQ1 Prevention Excluded Studies List

No outcomes for population of interest


Annesi JJ. Relation of perceived fitness with health changes and physiological changes in women exercisers. PERCEPT MOTOR SKILLS 2002 Aug;95(1):226.


Camhi SM, Stefanick ML, Ridker PM, Young DR. Changes in C-reactive protein from low-fat diet and/or physical activity in men and women with and without metabolic syndrome. Metabolism 2010 Jan;59(1):54-61.


Gardner CD. Low-carbohydrate ketogenic diet and the combination of orlistat with a low-fat diet lead to comparable improvements in weight and blood lipids, but LCKD more beneficial for blood pressure. Evid-Based Med 2010;15(3):91-2.


Hunter GR, Brock DW, Byrne NM, Chandler-Laney PC, Del CP, Gower BA. Exercise training prevents regain of visceral fat for 1 year following weight loss. Obesity 2010 Apr;18(4):690-5.


Jenkins DJ, Chiavaroli L, Wong JM, Kendall C, Lewis GF, Vidgen E, et al. Adding monounsaturated fatty acids to a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. CMAJ :


Lee IS, Shin G, Choue R. A 12-week regimen of caloric restriction improves levels of adipokines and pro-inflammatory cytokines in Korean women with BMIs greater than 23 kg/m 2. Inflamm Res 2010;59(5):399-405.


Manglik S, Cobanov B, Flores G, Nadjafi R, Tayek JA. Serum insulin but not leptin is associated with spontaneous and growth hormone (GH)-releasing hormone-stimulated GH secretion in


Merrill RM, Massey MT, Aldana SG, Greenlaw RL, Diehl HA, Salberg A. C-reactive protein levels according to physical activity and body weight for participants in the coronary health improvement project. PREV MED 2008 May;46(5):425-30.


Petrella RJ AK. Efficacy of a family practice-based lifestyle intervention program to increase physical activity and reduce clinical and physiological markers of vascular health in patients with high normal blood pressure and/or high normal blood glucose (SNAC): study protocol for a randomized controlled trial. Trials 2011;12:45.


Piatt GA ARBMS. 3-year follow-up of clinical and behavioral improvements following a multifaceted diabetes care intervention: results of a randomized controlled trial. The Diabetes educator 2010;36(2):301.


Plasqui G, Soenen S, Westerterp-Plantenga MS, Westerterp KR. Measurement of longitudinal changes in body composition during weight loss and maintenance in overweight and obese subjects


Rosenstock J, Rendell MS, Gross JL, Fleck PR, Wilson CA, Mekki Q. Alogliptin added to insulin therapy in patients with type 2 diabetes reduces HbA(1C) without causing weight gain or increased hypoglycaemia. Diabetes Obes Metab 2009 Dec;11(12):1145-52.


Tate DF. A series of studies examining Internet treatment of obesity to inform Internet interventions for substance use and misuse. Substance Use & Misuse 2011;46(1):57-65.


Vincent D. Culturally tailored education to promote lifestyle change in Mexican Americans with type 2 diabetes. J AM ACAD NURSE PRACT 2009 Sep;21(9):520-7.


Waters LA RMBFEE. Characteristics of control group participants who increased their physical activity in a cluster-randomized lifestyle intervention trial. BMC Public Health 2011;11:27.


No intervention of interest


Beck AM, Damkjaer K, Sorbye LW. Physical and social functional abilities seem to be maintained by a multifaceted randomized controlled nutritional intervention among old (>65 years) Danish nursing home residents. Arch Gerontol Geriatr 2010;50(3):351-5.


Hemo B, Endevelt R, Porath A, Stampfer MJ, Shai I. Adherence to weight loss medications; post-marketing study from HMO pharmacy data of one million individuals. DIABETES RES CLIN PRACT 2011 Nov;94(2):269-75.


Levitky DA, DeRosimo L. One day of food restriction does not result in an increase in subsequent daily food intake in humans. Physiol Behav 2010;99(4):495-9.


Miles A, Rapoport L, Wardle J, Afuape T, Duman M. Using the mass-media to target obesity: an analysis of the characteristics and reported behaviour change of participants in the BBC's 'Fighting Fat, Fighting Fit' campaign. HEALTH EDUC RES 2001 Jun;16(3):357-72.


Rivera FI, Lieberman LS, Rivadeneyra GM, Sallas AM. Using a social marketing framework to transform an education program: Lessons from the Hispanic Obesity Prevention and Education (PESO) Program. [References]. Social Marketing Quarterly 2010 Jun;16(2):2-17.


<30 participants per arm


Gow RW, Trace SE, Mazzeo SE. Preventing weight gain in first year college students: an online intervention to prevent the "freshman fifteen". Eat behav 2010 Jan;11(1):33-9.


<12 month outcomes


No control group


Study design


Almeida-Pititto B, Hirai AT, Sartorelli DS, Harima HA, Gimeno SG, Ferreira SR. Predictive factors of non-deterioration of glucose tolerance following a 2-year behavioral intervention. Diabetol Metab Syndr 2010;2(1).

Almeida-Pittito B, Hirai AT, Sartorelli DS, Gimeno SGA, Ferreira SRG. Impact of a 2-year intervention program on cardiometabolic profile according to the number of goals achieved. Brazilian Journal of Medical & Biological Research 2010;43(11):1088-94.


