



Breast Cancer

Breast Cancer Screening

2018



Should you be screened with mammography for breast cancer?

Are you high risk?
Check with your doctor if you think you may be at high risk. High risk may include those with a personal or family history of breast cancer, BRCA1 or 2 mutation, and prior chest wall radiation.

Yes

Talk to a doctor about the best screening options for you.

This guideline does **not** apply to women with a high risk of breast cancer.

No

How old are you?

Be informed! Talk to your health care provider.

What to do

Why?

40-49

We conditionally recommend not screening. If you are interested in screening see your doctor to discuss your preferences

The balance of benefits and harms is less favourable for this age. It is an individual choice to undergo screening or not.

50-69

We conditionally recommend mammography screening every 2-3 years.

The balance between benefits and harms may be more favourable for this age. See your doctor to discuss your preferences.

70-74

We conditionally recommend mammography screening every 2-3 years.

The balance between benefits and harms may be more favourable for this age. See your doctor to discuss your preferences.