



Chlamydia & Gonorrhea UNDER 30 & SEXUALLY ACTIVE?

It's a good idea to get tested.

If you have ever had oral, vaginal or anal intercourse, you are sexually active.

Why?

- Many people don't have symptoms
- Chlamydia and gonorrhea can lead to pelvic inflammatory disease, pain and possibly infertility
- Antibiotics can treat these infections



Where?

Tests can be done through a doctor's office or health clinic.



Choose the option that's right for you.

How?

The most common tests are a **urine test** or **vaginal swab**.



Your results

If you test positive, you'll be prescribed antibiotics and asked not to have sex of any kind for **one week**.

- More tests may be done later to check for re-infection.

If you test negative, **keep practicing safer sex. Talk to your doctor about how to protect yourself.**



Public Health

Chlamydia and gonorrhea infections are automatically reported to public health.

Public health nurses may contact you to help with **contact tracing**. That means **confidentially** contacting your sexual partners so they can get tested and treated.



False Positives

No test is foolproof and sometimes there are **false positives**.

If you receive a positive test result, try to **stay calm** and **talk to your doctor**.

Learn more at

CANADIANTASKFORCE.CA



Canadian Task Force
on Preventive Health Care